

## CURRICULUM VITAE

Name : ARVIND RAMBHAU KAMBLE  
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Designation : Director of Physical Education & Sports (**Associate Professor**)  
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Area of Specialization : Physical Education & Sports

Research Area : Physical Education & Sports

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## ACADEMIC QUALIFICATION

| Exam Passed  | Board/University                  | Subject/Specialization                | Year | Division/Grade Merit etc.   |
|--|-----------------------------------|---------------------------------------|------|-----------------------------|
| <b>Basic Qualification</b>                               |                                   |                                       |      |                             |
| S.S.C.   | Aurangabad                        | Eng.,Hindi, Mar. science,Math         | 1998 | II                          |
| H.S.C.   | Aurangabad                        | Arts -Eng., Mar. His. Soci. Eco. Pol. | 2000 | I                           |
| B.P.E.<br>(Bachelor of<br>Phy. Edu. III<br>Years Degree) | Dr. B.A.M.U.<br>Aurangabad        | Physical Education                    | 2004 | I Class with<br>Distinction |
| Master<br>Degree<br>(M.P.Ed.)                            | Dr. B.A.M.U.<br>Aurangabad        | Physical Education,                   | 2006 | I                           |
| Ph.D.  | KBC NMU<br>Jalgaon                | Physical Education                    | 2020 | -                           |
| <b>Additional Qualification</b>                          |                                   |                                       |      |                             |
| SET  | U.G.C.<br>(University of<br>Pune) | Physical Education                    | 2007 | --                          |
| MS-CIT   | MS BTE                            | IT                                    | 2011 | I                           |

|     |       |                |                      |                 |
|-----|-------|----------------|----------------------|-----------------|
| Sr. | Level | Title Of Paper | Name of Journal With | Month & Year of |
|-----|-------|----------------|----------------------|-----------------|

### Research Experience and Training

| Research Stage        | Title of Thesis/ No. of Students Working  | University       |
|-----------------------|---|------------------|
| Ph. D.<br>(July 2020) | <b>Analysis of Competitive Trait and State Anxiety Among Tribal &amp; Non Tribal Cross-Country Runners.</b> | KBC NMU, Jalgaon |

### Professional Training

| Sr. No. | Name of the Course                           | Place  | Duration                 | Sponsoring Agency                                  |
|---------|--|--|--------------------------|--|
| 1       | Orientation                                  | Guru Nanak Dev University, Amritsar  | 17/02/2012 to 15/03/2012 | UGC, New Delhi                                     |
| 2       | Refresher                                    | Dr. B.A.M. U. Aurangabad   | 05/03/2013 to 25/03/2013 | UGC, New Delhi                                     |
| 3       | Refresher                                    | Kumaun University, Nainital(Uttarakhand)   | 12/03/2018 to 31/03/2018 | UGC, New Delhi                                     |
| 4       | Refresher                                    | Sant Gadge baba Amravati University, Amravati  | 02/03/2020 to 16/03/2020 | UGC, New Delhi                                     |
| 5       | FDP<br>(One Week )                           | Savitribai Phule Pune University, Pune<br>conducted by Bhusawal Arts,Science and P.O.Nahata Commerce College,Bhusawal. | 15/03/2021 to 19/03/2021 | UGC, New Delhi                                     |
| 6       | FDP<br>(One Week)                            | Guru Angad Dev Teaching Learning Center  | 27/05/2021 to 02/06/2021 | PMMMNMSTT,<br>Ministry of Education, Govt.of India |
| 7       | STC -Yoga And Spiritual Values<br>(One Week) | HRDC Goa University, Goa   | 15/06/2021 to 21/06/2021 | UGC, New Delhi                                     |

### Publications

#### ➤ Research Article:

| No. |               |  | ISBN  | Publication    |
|-----|---------------|--|---|----------------|
| 1   | International | Effective Yoga Asanas to Increase Height.  | New International Creative Research Journal ISSN-2393-8323  | April 2018     |
| 2   | International | Health and Social Benefits of Regular Cycling.   | New International Reliable Research Journal, ISSN-2320-9410<br>IMPACT FACOR-2.009   | April 2018     |
| 3   | International | Technology Use In Modern Cricket.  | New International Creative Research Journal,- ISSN-2393-8323  | August 2018    |
| 4   | International | Shoulder Strength plyometric training and Stretching Exercises for Softball and Baseball Pitchers. | New International Reliable Research Journal, ISSN-2320-9410<br>IMPACT FACOR-2.009   | August 2018    |
| 5   | International | Analysis of Competitive Trait Anxiety among Non Tribal Cross-Country Runners                       | Vidya warta Interdisciplinary Multilingual Refereed Journal, ISSN-2319-9318   | March -2018    |
| 6   | International | Analysis of Competitive Trait Anxiety among Tribal Cross-Country Runners                           | An International Multidisciplinary Quarterly Research Journal, AJANTA ISSN-2277-5730<br>IMPACT FACOR- 5.5   | December -2018 |
| 7   | International | The Importance of Flexibility and Improve Flexibility Using Yoga.                                  | Research Journey International E-Research Journal ISSN-2348-7143<br>IMPACT FACOR- 6.261   | February- 2019 |
| 8.  | International | SPORTS EQUIPMENT PURCHASE AND MANAGEMENT 290-292   | IMPACT FACTOR (SJIF) 2021= 7.380<br>ISSN 2319-4766<br>An International Peer Reviewed & Refereed Journal<br>SCHOLARLY RESEARCH JOURNAL FOR INTER DISCIPLINARY STUDIES<br>APRIL-JUNE, 2021, VOL- 10, ISSUE-54 | JUNE, 2021     |
| 9   |               | Prevention and Relieve from Covid-19 Corona Virus Infection by Yoga: 38-41                         | Entire Research, Multi Disciplinary International Research Journal, Indexing With ISRA, Peer  | June 2021      |

|  |  |  |   |  |
|--|--|--|---|--|
|  |  |  | Reviewed and Refereed<br>Journal Vol XIII, Issue-<br>VI, June 2021<br>ISSN -0975-5020<br>Imact Factor 6.143 |  |
|--|--|--|---|--|

### Teaching Experience

| Sr. No. | Name of Employer  | Designation   | Nature of Post | Duration               | Pay Scale        | Reason for Leaving |
|---------|---|---|----------------|------------------------|------------------|--------------------|
| 1       | PSGVP Mandals Arts, Science and Commerce College, Shahada | Director of Physical Education & Sports (ASSISTANT PROFESSOR) | Permanent      | 29-10-2007 - Till Date | 15600-6000-39100 |                    |
| 2       | PSGVP Mandals Arts, Science and Commerce College, Shahada | Director of Physical Education & Sports (Associate Professor) | Permanent      | 29-10-2007 - Till Date | 311400-217100    |                    |

### Any other information

#### ➤ Awards and Honors

- Maharashtra State Government Sports Award
- **“JILHA GUNWANT KRIDA KARYKARTA PURSKAR-2014-15”**
- Uttar Maharashtra **“KRIDA RATNA SHIKSHAK PURSKAR-2019”** (KNDBM krida Sadhana, Nashik)
- **“BEST SPORTSMEN AWARD 1997-98.”** (South Central Railway Women’s Organization, Hyderabad Division, Secunderabad.)

### Seminars/Conference/Workshop/Simposia, etc.

1. Presented Paper at UGC sponsored National Level Seminar on ‘*Sports Journalism and Media*’ at P.E.S. College of Physical Education, Aurangabad on 5-6 Mar. 2009.

2. Attended State Level Workshop on '*New Trends in Higher Education*' at P. S. G. V. P. Mandal's Arts, Science & Commerce College, Shahada.
3. Attended UGC sponsored National Level Workshop on '*New Trends in Athletics*' at SBES's College of Arts & Commerce College, Aurangabad on 27-28 Mar. 2010.
5. Presented Paper at UGC sponsored National Level Seminar on '*Development of Physical Education in Educational Institution*' at P.E.S. College of Physical Education, Aurangabad on 28-29 Jan. 2011.
6. Presented Paper at Global Human Reserarch& Welfare Society, Thane In association with ShriJ.J.T.University sponsored National Level Seminar on "*Physical Education&Sports Science*" at Royal Plaza, Ghodbunder Road, Thane on 29 Dec. 2011.
7. Attended **Inter-National Level Workshop** on "*Health,Physical Education & Computer Science In Sports*" Organised By Indian Federation of Computer Science in Sports, Hyderabad.on 11<sup>th</sup>& 12<sup>th</sup> August 2012.
8. Presented Paper at DnyanpeethPratisthanOrganised National Level Seminar on '*Research in Higher Education*' at V.E.S. Sarvajanik Arts& Comm. College Visarwadi Dist. Nandurbar on 03 August. 2014
9. Attended National Level Conference on "*Yoga for Sports, Education & Fitness*" Organised By Department of Physical Education, SavitribaiPhule Pune University, Pune on 27 June 2015
10. Attended National Level Seminar on "*Multicultural Research in Education and Physical Education for National Development of India*" Organised By KCE College Of Education and Physical Education, Jalgaon on 24 Nov. 2017.
11. Attended National Level Workshop on "*Revised Assessment and Accreditation Framework of NAAC*" Organised By Adarsh College Of Arts, Nijampur Dist. Dhule. on 27 January 2018.
12. Presented Paper at Maharashtra State Commission For Women, Mumbai National Level Seminar on "*Gender Equilty and women Empowerment*" Organised By Adarsh College Of Arts, Nijampur Dist. Dhule. on 20 October, 2018.
13. Attended KBC NMU Level Workshop on "*capacity Building: New Mantra for Higher Education*" Organised PSGVPM ASC College, Shahada Dist. Nandurbar on 29 October 2018.
14. Attended KBC NMU Level Workshop on "*capacity Building: New Mantra for Higher Education*" Organised PSGVPM ASC College, Shahada Dist. Nandurbar on 29 October 2018.
15. Presented Paper at SavitribaiPhule Pune University, Pune State Level Seminar on "*Role of Yoga In Changing Adolescence*" Organised By Karmveer RaosahebThorat arts and Commerce College, Vani Dist. Nashik on 06-07 February, 2019.
16. Attended National Level Workshop on "*Sports Nutrition and Fitness for Improving the Performance(SNFIP-2019)*" Organised By R. C. Patel Arts Science & Commerce College, Shirpur Dist. Dhule on 16 February, 2019.

### Co-curricular Activities

- Appointed as a Secretary of Nandurbar zonal sports committee for the year 2009-2010.
- Appointed as a Secretary of Nandurbar zonal sports committee for
  - the year 2013-2014
- Appointed as a Board of Sports Member of North Maharashtra
  - University, Jalgaon for the year 2014 to 2016
- Appointed as a Sports Equipment and sports Facility Checking Committee Member of KBC North Maharashtra University, Jalgaon for the year 2019

- Appointed as a University Sports CoOrdination Committee Member of KBC North Maharashtra University, Jalgaon for the year 2019

### **Sports selection committee member Experience**

- 1) Appointed as a selection committee member of NMU, Jalgaon Baseball(Men & Women) Team 2008
- 2) Appointed as a selection committee member of NMU, Jalgaon Baseball(Men & Women) Team 2009
- 3) Appointed as a selection committee member of NMU, Jalgaon Softball(Men & Women) Team 2009
- 4) Appointed as a Coach of NMU, Jalgaon Baseball Team(Men ) for inter University Competition 2009
- 5) Appointed as a selection committee member of NMU, Jalgaon Softball(Men & Women) Team 2010
- 6) Appointed as a Coach of NMU, Jalgaon Softball Team(Men ) for inter University Competition 2010
- 7) Appointed as a selection committee member of NMU, Jalgaon Softball(Men & Women) Team 2011
- 8) Appointed as a selection committee member of NMU, Jalgaon Cricket(Men & Women) Team 2011
- 9) Appointed as a Coach of NMU, Jalgaon Baseball Team(Women ) for inter University Competition 2011
- 10) Appointed as a selection committee member of NMU, JalgaonSoftball(Men & Women) Team 2012
- 11) Appointed as a selection committee member of NMU, JalgaonWeigthLifting, Power Lifting& Best Phy. (Men & Women) Team 2012
- 12) Appointed as a Coach of NMU, Jalgaon Baseball Team(Women ) for inter University Competition 2013
- 13) Appointed as a selection committee member of NMU, JalgaonSoftball(Men & Women) Team 2013
- 14) Appointed as a Coach of NMU, Jalgaon Baseball Team(Women ) for inter University Competition 2014
- 15) Appointed as a selection committee member of NMU, JalgaonSoftball(Men & Women) Team 2014
- 16) Appointed as a selection committee member of NMU, JalgaonSoftball(Men & Women) Team 2015
- 17) Appointed as a Coach of NMU, Jalgaon Softball Team(Women ) for inter University Competition 2015
- 18) Appointed as a Coach of NMU, Jalgaon Baseball Team(Women ) for inter University Competition 2016
- 19) Appointed as a selection committee member of NMU, JalgaonSoftball(Men & Women) Team 2016

- 20) Appointed as a selection committee member of NMU, Jalgaon Softball (Men & Women) Team 2017
- 21) Appointed as a Coach of NMU, Jalgaon Softball Team (Women) for inter University Competition 2017
- 22) Appointed as a selection committee member of NMU, Jalgaon Baseball (Men & Women) Team 2018
- 23) Appointed as a Coach of NMU, Jalgaon Baseball Team (Women) for inter University Competition 2018
- 24) Appointed as a selection committee member of KBCNMU, Jalgaon Baseball (Men & Women) Team 2019
- 25) Appointed as a selection committee member of KNCNMU, Jalgaon Handball (Men & Women) Team 2019
- 26) Appointed as a selection committee member of KBCNMU, Jalgaon Fencing (Men & Women) Team 2019
- 27) Appointed as a selection committee member of KBCNMU, Jalgaon Baseball (Men & Women) Team 2021
- 28) Appointed as a selection committee member of KNCNMU, Jalgaon Handball (Men & Women) Team 2021
- 29) Appointed as a selection committee member of KBCNMU, Jalgaon Fencing (Men & Women) Team 2021
- 30) Appointed as a selection committee member of KBCNMU, Jalgaon Softball (Men & Women) Team 2021

➤ **Social media links**

- YouTube:
- Telegraam:
- Facebook:
- Instagram:
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**Date:** June 15, 2022

**Place:** Shahada

**(Dr. Arvind Rambhau Kamble )**